

What is a Relationship Video 1 of 3

Hi I'm Lionel T. Grimes

Hi and I'm Kim R. Grimes

And we are your Relationship Aficionados. The reason we call ourselves relationship Aficionados is because we have been married for 22 years and have been together for 26 years!

26 Fun, loving, fantastic and challenging years!

We all want that special 'someone' who's going to commit to us, love us unconditionally, honor us and accept us for just being who we are. And who's going to do all the above for the rest of our lives.

Unfortunately though, if we've had more than our fair share of bad relationships through our lifetime, then it can become easy to suspect there's no right person, no right secret, no right strategy, just many different alternatives of wrong.

The good news is, we have been through your pain and we feel you! For the past 26 years we have done a lot of research and applied it into our relationship. We have found a very simple formula which you can apply today and get even better results in your relationship than ours.

But you have to invest the time into working on your relationship so it can be all that you dream & hope it to be. No doubt it takes work. The question is this, "Are you and your partner serious about building a lifelong relationship?" If so, then this three part series on Designing Your Relationship is the perfect match for you.

The big question we have is, "What is a Relationship?" As Relationship life coaches during our consultations we always ask this question, and in every instance, no two answers are the same. And this is the norm for most relationships. So we did some research, and found a few definitions we would like to share.

According to Cambridge Dictionary a relationship is a romantic or sexual friendship between two people.

Wikipedia says a relationship is also an emotional attachment between individuals.

Then we start Google to defined relationship and we found; a relationship is a state of connectedness between people (especially an emotional connection. A relationship is when a person has feelings of love and hate for someone or something. You have a few more definitions Lionel go ahead and share.

A relationship is actually just a conversation about boundaries and expectations," sex and relationships. Hmmmmmm. Being in a relationship means you're in a relationship with your entire partner; you can't pick and choose which parts you do and do not like. Along with the good comes the bad, and being a partner means embracing all of someone. Their entire being.

As you see there are numerous answers for our questions, what is a relationship? We just gave you 6 definitions, but one thing is for sure, every relationship needs two committed people. That means two people with both of their feet in the relationship working towards the common interest of the relationship.

What we know is a relationship is not easy and it takes work. You have to be ready to roll up your sleeves and be willing to get into the weeds of relationships. See our relationship was doomed from the start. After the untimely death of my first husband, at the age of 24, I acted out terribly.

I had reached the lowest point in my life. I hit rock bottom so when I met Lionel, my anger, bitterness and alienation from God spilled over into all aspects of my life. This guy is just another booty call was my thoughts. I'm going to just hit and quit it.

A relationship was the last thing on my mind. After all, I was a 24 yr old widow who was mourning her husband. I was seeking vengeance for God taking my man away. So I manipulated every man that crossed my path. I saw men as objects, not people.

I did not take Lionel seriously, because it was all about me.

I didn't take Kim seriously either, so after meeting each other for the 1st time, it took about a month for us to actually call each other and that was because we crossed paths on a military base. It was after that when I learn she was wild, and she did things I was not accustomed to, she cussed like a sailor, drank like the town drunk and partied every possible weekend. Plus I was interest in someone else anyway. We both found ourselves playing the game. You know that game, what is it called Kim?

The player, player game.

I was busy lining men up to manipulate them. Hmp I was going to get them before they got me. But let me add, I was picky.

While Kim was lining up her prey, I was busy chasing a few skirts myself, one in particular. I think we both got caught up in the players' game that caused distance to grow between us. We both still liked each other but we weren't really feeling each other.

But then something funny happened.

Lionel called me, unexpectedly and asked me to dinner. Not really expecting much other than a free meal, I accepted the invitation.

During dinner we talked about how we both were showing up in this so called relationship. It was that night that we actually took each other serious and we made a commitment to each other we committed to be together, to be a couple.

Little did we know that it was the 1st night of a 4 year courtship which turned into a 22 year marriage.

Over the next 26 years, we built a strong, healthy, happy and rewarding relationship.

We've shared 6 of many definitions of the word relationship and gave you our story of what our relationship initially looked like. Now let me ask this is again, what is your definition of a relationship? If you have a partner, what is their definition of relationship? Do you believe your definitions are aligned? Before watching our next videos go seek the answer to our question. Please be sure to post your answer beneath the video.

But before you go, let me ask you this, what challenges are you having in your relation? Be sure to watch the next video tomorrow where we will address relationship challenges. You will be surprised at what our research and experience reveals. Bye